

My Rifle Torture



All drills start with rifle at low ready and on safe.
Distance is 7 meters
Total Rounds: 30 carbine & 3 pistol
Each round that misses circle add 1 sec to time

Date: _____

Total Time: _____

5 SHOT GROUP



ONE SHOT X3
PAR 1.0 SEC



3



4

ONE ON 3 AND ONE ON 4
LEFT TO RIGHT X1 + RIGHT TO LEFT X1
PAR 1.75 SEC



DOUBLE TAP X3
PAR 1.2 SEC

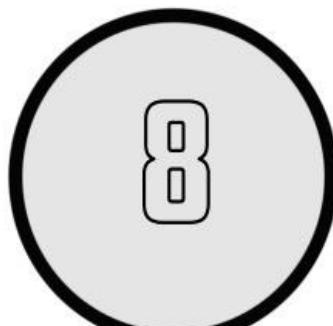


6



7

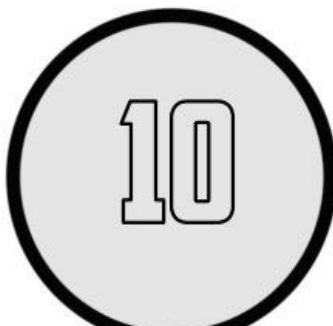
ONE ON 6, TRANSITION TO HANDGUN, ONE ON 7 X3
PAR 3.5 SEC



ONE SHOT SUPPORT SIDE X3
PAR 1.5 SEC



9



10

ONE ON 9, EMERGENCY RELOAD, ONE ON 10 X3
PAR 4.5 SEC