

Use this target in conjunction with the "A" Zone Target.  
Meant to simulate the "A" head box of a regulation IPSC target.  
Run the 10 shot drill using this target for the "Headshots".  
Run this drill from 3m - 5m - 7m - 10m  
Each missed shot add .5 seconds



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Time 3m: \_\_\_\_\_

Time 5m: \_\_\_\_\_

Time 7m: \_\_\_\_\_

Time 10m: \_\_\_\_\_

### Advanced Headshot Target



3 meters



5 meters



7 meters



10 meters

For more training targets visit <https://northidahofirearms.com/training-section/>