

Use this target in conjunction with the "A" Zone Target.
Meant to simulate the "A" head box of a regulation IPSC target.
Run the 10 shot drill using this target for the "Headshots".
Run this drill from 3m - 5m - 7m - 10m
Each missed shot add .5 seconds



Name: _____

Date: _____

Time 3m: _____

Time 5m: _____

Time 7m: _____

Time 10m: _____

Advanced Headshot Target



3 meters



5 meters



7 meters



10 meters