

# NIFT 30-ROUND CARBINE MOVING PERFORMANCE STANDARDS

★ 30 ROUNDS | 50-7 YARDS | 4 TARGETS | MOVE BETWEEN POSITIONS ★

Shooter Name: \_\_\_\_\_ Date: \_\_\_\_\_ Run #: ☐ 1 (Cold) ☐ 2 (Warm)

Instructor: \_\_\_\_\_ Weather / Conditions: \_\_\_\_\_

FIREARM INFORMATION

Rifle Make/Model: \_\_\_\_\_

Caliber: \_\_\_\_\_

Optic:  
☐ Red Dot ☐ LPVO ☐ Prism ☐ Iron Sights

Sling Used: ☐ Yes ☐ No

Magazine Capacity: \_\_\_\_\_

Rounds Fired: 30



| COURSE OF FIRE – MOVE & ENGAGE |                                                                                                                                                                                                                          |          |        |          |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--------|----------|
| STAGE                          | DESCRIPTION / MOVEMENT                                                                                                                                                                                                   | DISTANCE | ROUNDS | PAR TIME |
| 1                              | Start at 50 Yards – Low Ready <ul style="list-style-type: none"><li>Engage T1 with 6 rounds</li><li>Move forward to 35 yards</li><li>Use safe movement &amp; muzzle discipline</li></ul>                                 | 50 Yards | 6      | 12 sec   |
| 2                              | At 35 Yards – Multiple Targets + Bolt Lock Reload <ul style="list-style-type: none"><li>2 Rounds T1, 2 Rounds T2</li><li>Bolt locks (Reload)</li><li>3 Rounds T3, 3 Rounds T4</li><li>Move forward to 20 yards</li></ul> | 35 Yards | 10     | 15 sec   |
| 3                              | At 20 Yards – Target Transitions <ul style="list-style-type: none"><li>2 Rounds on each target (T1–T4)</li><li>Engage in any order</li><li>Move forward to 7 yards</li></ul>                                             | 20 Yards | 8      | 10 sec   |
| 4                              | At 7 Yards – Close Performance + Bolt Lock Reload <ul style="list-style-type: none"><li>2 Rounds T1</li><li>Bolt locks (Reload)</li><li>2 Rounds T2, 1 Round T3, 1 Round T4</li></ul>                                    | 7 Yards  | 6      | 8 sec    |
| TOTAL                          |                                                                                                                                                                                                                          |          | 30     |          |

• Shooter must move to the next position after completing each stage. • Safely carry rifle while moving.

| SCORE SHEET |           |           |          |              |               |                    |                |
|-------------|-----------|-----------|----------|--------------|---------------|--------------------|----------------|
| STAGE       | A (5 PTS) | C (3 PTS) | D (1 PT) | MISS (0 PTS) | POINTS EARNED | PAR TIME (SECONDS) | TIME (SECONDS) |
| 1           |           |           |          |              |               |                    |                |
| 2           |           |           |          |              |               |                    |                |
| 3           |           |           |          |              |               |                    |                |
| 4           |           |           |          |              |               |                    |                |
| TOTAL       |           |           |          |              |               |                    |                |

SCORING

POINT VALUE PER HIT

|        |            |
|--------|------------|
| A Zone | = 5 points |
| C Zone | = 3 points |
| D Zone | = 1 point  |
| Miss   | = 0 points |

PERFORMANCE STANDARDS

✓ Two mandatory bolt-lock reloads

✓ No safety violations

✓ Finger off trigger while moving

✓ Muzzle always pointed downrange

✓ Sling remains under control

✓ Complete all stages within par time

SKILLS EVALUATED

• Precision rifle marksmanship

• Target transitions

• Recoil management

• Bolt-lock reload efficiency

• Rifle manipulation

• Movement with rifle

• Time management

• Safe weapon handling

HIT FACTOR EVALUATION

TOTAL POINTS EARNED: \_\_\_\_\_ / 150

TOTAL TIME: \_\_\_\_\_ sec

HIT FACTOR = \_\_\_\_\_  
(Total Points + Total Time)

MINIMUM HIT FACTOR TO PASS: 0.90

HIT FACTOR RATING

≥ 0.90 = PASS

< 0.90 = FAIL

INSTRUCTOR NOTES

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Instructor Signature: \_\_\_\_\_ Date: \_\_\_\_\_